



**SUFFOLK WRESTLING OFFICIALS ASSOCIATION, INC.**

## **NYS Wrestling Rules Interpretation: Girl v. Girl\***

**UPDATED 12/18/23**

1. Boys rules apply in all situations
2. EXCEPTIONS:

### **Re-starts**

- a. All periods begin in neutral starting position,
- b. All re-starts from out-of-bounds begin in neutral starting position,
- c. All re-starts from in-bounds (e.g. penalty, injury, blood stoppages) begin with no change in advantage positioning. Restart from referee's position.

**Overtime - use boys' rules**

**\*girl v. girl dual meets and girl v. girl tournaments**